



From the French Association **ACHED**
Contre l'Heure d'Été Double
Pour la réduction des avancements
de l'heure légale
Against double DST / Summer Time
For the reduction of advances of
legal time

Press Release of¹ October, 19 2019

Time changes in France - ZAB times - Fall out of fraudulent official French consultation held in February, French people pushed to insomnia and consumption against their interest

Translated from Communiqué de Presse²

The Autumn time change for clocks is approaching and news are looking again at the subject of winter / summer time.

Will we change time next weekend?: Answer YES

Is this the last time? Answer: probably not

When will it be the last time? Answer: perhaps in March 2021 or October 2021

When will France choose its legal time? Answer: theoretically before April 2020

And what will France choose? Answer: we hope it will not be time B!

But what is time B? You will read many media saying that the French prefer time B and we urge you to deny.

The ACHED warns against the use of the **fraudulent results of the consultation organized by Mrs Thillaye** last February. This consultation was denounced by the French Consumer Union (UFC) "Que Choisir" (What to Choose) before it ended. Nevertheless, results have been published and the media seem to have a hard time preventing disinformation from reigning. The ACHED adds that **even without fraud** in voting and organization, this consultation was **not in the interest of the French people**. The ACHED wonders: Why are we trying to impose an **hour of 2 hours on the sun, while France loses in Health, Energy and Climate?**

Maybe the **military terms** would help take a little distance?

Z Zulu time is the solar time of Greenwich but also that of Alençon and Gavarnie (France)

A time Alpha is the standard time of the Berlin (Germany) time zone

B time Bravo is the standard time of the Kiev (Ukraine) time zone

The true standard time of France is the Z time, the same as England. Even "Que Choisir" is wrong on this point in its article last February. The Z time, UTC + 0, was in force in France until 1939. At the end of the war, in 1945, General De Gaulle, without any known explanation, chose the A hour, the German time, as permanent time, maybe not to share the Z time with London. Who remembers that many French were dissatisfied and regretted the Z time? In 1976 arrived the B time set up by the young Giscard and Chirac who were looking for ideas to save oil. In hindsight, we can say that they were very poorly advised and that they should have returned France under the Z time: the French people would have slept better, therefore healthier, smarter and would have emitted perhaps less CO₂. Unfortunately the bad advisers were listened to and held on for years to defend their decision.

Today, **who has an interest** in the French people foolishly approving the B time or even the A time rather than the Z time: the sellers of medicines, cars, travel, the energy suppliers who want more consumption, those who have adjusted their schedules, the political class? For elected officials and European technocrats, the single time is so convenient for travel and meetings. They may not be well aware, and if so, would they dare to say that we were mistaken both in 1945 and in 1975?

ACHED has been trying to make its voice heard since 1983 and hopes to be heard on social networks or with officials who care about health and the climate. **Are there journalists and politicians well informed and courageous?** Who can present the file in an understandable way, a useful way for urgent decisions on climate and health?

The ACHED refers to Recommendation 1432 of the Council of Europe of 1999 and the accompanying report. Nothing really prevents France from giving up B time by 2021. It is possible and necessary without delay. On the website heure-ete.net you will find our past press releases and useful information such as:

Council of Europe 1999: <http://assembly.coe.int/nw/xml/XRef/Xref-DocDetails-FR.asp?FileID=8760&lang=fr> [DOC 854](#), [REC 1432](#), [RESPONSE](#)

September 2019 letter for the ACHED climate at the UN: <https://www.heure-ete.net/letter20190910AG.pdf> Translation [EN](#)

EBRS Letter to the EU October 2018 for the health: <https://www.ebrs-online.org/news/item/dst-statement-ebrs-endorsed> Translation [EN](#)

Article "Que Choisir" February 2019 : <https://www.quechoisir.org/actualite-changement-d-time-validity-duteuse-pour-la-consultation-n64283>

Article "Que Choisir" March 2016: <https://www.quechoisir.org/ticket-the-president-change-of-time-you-had-said-audit-n42072>

Next Sunday, the French will come back under the A time. We hope they will notice the benefits of the A time compared to B time despite the change, the shortening of the days, the seasonal weather, the high level fake news, not to mention the sighs of the nostalgic of the summer season. We invite them to feel the A time, to inform each other and to read us with the key word

#Heure_A (in English #A_Time).

¹ This EN Press release can be found here as a pdf here <https://www.heure-ete.net/CP20191019EN.pdf>

² The French press release in pdf version here <https://www.heure-ete.net/CP20191019FR.pdf>